

**NOVEMBER
NIGHT SESSION**

**YOU ARE INVITED TO THE
*THE SOLID FOUNDATION WORKSHOP***

- CREATE NEW HABITS FOR YOUR SUCCESS
- UNDERSTAND HUMAN BEHAVIOR
- BREAK UNHEALTHY CYCLES
- MANAGE YOUR MOMENTS & BEYOND
- COMMUNICATION TECHNIQUES
- BOOST SELF-ESTEEM & SELF-EFFICACY
- TIME & FINANCE MANAGEMENT
- WORKPLACE STRATEGIES & MORE!

NOVEMBER 5TH TO 16TH

MONDAY - FRIDAY 5 PM TO 9 PM

DINNER & Limited Daycare Spots

Available Through Tomorrow's Hope

HOUSING HOPE CLASSROOM

BEHIND TOMORROW'S HOPE CHILDCARE CENTER

5910 EVERGREEN WAY, EVERETT, 98203

FREE TO ATTEND!!! SIGN UP TODAY!

CALL 425 - 640 - 1451

EMAIL: PENNY.ROBINS@EMAIL.EDCC.EDU



Facebook.com/ToolsForSuccessSnoCo



POSSIBLE PARTICIPATION HOURS FOR THOSE RECEIVING TANF/BASIC FOOD

DSHS Referral Codes 3AJ LS for 23-35 Hours